



■ WHICH FOODS ARE NOT SAFE FOR DOGS?

Below is a list of foods that are unsafe and unfit for your dog's consumption, many of which may be toxic to dogs and should be avoided entirely.

1. Apple Seeds are toxic to a dog as they contain a natural chemical that releases cyanide when digested
2. Avocado contains persin, which can cause diarrhoea, vomiting and heart congestion. The most dangerous part of an avocado is the seed
3. Coffee, Tea & Other Caffeine is extremely dangerous to dogs
4. Cooked Bones - the danger is that cooked bones can easily splinter when chewed by your dog
5. Grapes & raisins can cause kidney failure for dogs. Even a small amount can make a dog ill
6. Macadamia nuts - Ingesting even small amounts of macadamia nuts can be lethal to your dog
7. Onions, garlic & chives - No matter what form they're in (dry, raw, cooked, powder, within other foods)
8. Peach & plum seeds have cyanide, which is poisonous to dogs (and people!)
9. Xylitol, found in gum, candies, baked goods and other sugar-substituted items
10. Salt
11. Yeast
12. Chocolate can be toxic to dogs depending on the amount ingested, the dogs weight and type the of chocolate (dark or light) - check online. Search: "chocolate toxicity calculator dogs"





■ CAUGHT IN THE ACT?

If you have caught your dog in the act of eating **chocolate** or you suspect that he has helped himself in your absence and you are unsure whether to rush him to the Vet, you can check the severity of the situation with a “chocolate toxicity calculator”. Do an internet search on “chocolate toxicity calculator” to find one that will work for you.

You’ll need to enter your dog’s weight, the type of chocolate and the amount digested. The calculator will tell you if you should rush your dog to the Vet immediately, or if it’s sufficient to monitor your dog closely.